



CHALLENGES IN TRANSITION CARE IN **INFLAMMATORY** **BOWEL DISEASES**

GIARDINI NAXOS
8-9 novembre 2019

BACKGROUND

The management of patients with chronic conditions, such as inflammatory bowel disease (IBD), requires specific attention and careful planning during the transition from pediatric to adult care. Early education about the transition process and the acquisition of self-management skills are crucial to fostering independent adolescents and young adults who have the knowledge and tools to manage life with a chronic disease. A growing body of literature describes the challenges and barriers to providing adolescent and transition care. Potential barriers to

effective transition include the following: differences between adult- and pediatric-onset IBD; patients' lack of developmental maturity and readiness, self-efficacy, and knowledge of the disease; poor adherence to therapy; adolescent anxiety and depression; differences between pediatric and adult IBD care and parental and provider reluctance to transition. Outcomes data on adolescents with IBD are limited, and there are even fewer data on how the transition of care affects long-term treatment and outcomes. This meeting through the experiences of adult and pediatricians will try to answer many questions regarding the clinical management and transition process.

COORDINATORS

Ambrogio Orlando, Palermo
Claudio Romano, Messina

SCIENTIFIC COMMITTEE

Walter Fries, Messina
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FACULTY

Marina Aloï, Roma	Giuseppe Frieri, Roma	Claudio Papi, Roma
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Tamara Caldaro, Roma	Erasmus Miele, Napoli	Gaspere Solina, Palermo
Giuseppe Costantino, Messina	Giuseppe Navarra, Messina	Maurizio Vecchi, Milano
Dario Dilillo, Milano	Ambrogio Orlando, Palermo	Anna Viola, Messina

PROGRAM

Friday, 8 November 2019

14.00 - 14.15 Greetings authority

14.15 - 14.30 Introduction

I SESSION: EARLY and LATE ONSET IBD

Chairmen: *W. Fries, P. Lionetti*

14.30 - 15.00 Lecture: Epidemiology in Inflammatory Bowel Diseases: children and adults data
D. Knafelz, G. Frieri

15.00 - 15.20 Clinical Case - Early onset
S. Arrigo

15.20 - 15.40 What is very-early-onset inflammatory bowel disease
M. Aloï

15.40 - 16.00 Genetic of EO and VEOIBD: what the clinicians need to know
N. Cerf-Bensussan

16.00 - 16.20 Novel and tailored therapies for IBD, such as stem-cell transplantation
A. Assa

16.20 - 16.45 Discussion

16.45 - 17.00 **Coffee break**

II SESSION: CLINICAL MANAGEMENT

Chairmen: *M. Cappello, A. Privitera*

17.00 - 17.30 Lecture: Mucosal Immunity and microbiota: new insights
G. Penna

17.30 - 17.50 Clinical case
A. Viola

17.50 - 18.10 A comparison between adult and pediatric diseases activity scores
P. Lionetti

18.10 - 18.30 Histological pattern: adult versus children
A. Rizzo

18.30 - 18.50 Nutritional management: important only for children?
E. Miele

18.50 - 19.15 Discussion

PROGRAM

Saturday, 9 November 2019

III SESSION: CROHN'S DISEASE

Chairmen: *P. Alvisi, F. Castiglione*

08.30 - 09.00 Lecture: Personalized Medicine: individualizing treatment options for each patient with IBD
A. Armuzzi

PROGRAM

Saturday, 9 November 2019

- 09.00 – 09.20 Clinical Case
D. Dilillo
- 09.20 – 09.40 Old and new biologics, small molecules: evidence in adults and perspectives in children
F.S. Macaluso
- 09.40 – 10.00 Management of Mild Crohn's Ileitis
C. Papi
- 10.00 – 10.20 Biosimilars in pediatric IBD
C. Romano
- 10.20 – 10.40 Discussion
- 10.40 – 11.00 **Coffee break**

IV SESSION: ULCERATIVE COLITIS and SURGERY

Chairmen: *C. Romeo, M. Vecchi*

- 11.00 – 11.30 Lecture: Sub-optimally controlled moderate-to-severe ulcerative colitis: understanding risk factors and improving outcomes
A. Orlando
- 11.30 – 11.50 Thiopurine use in Inflammatory Bowel Disease: adult vs pediatric patient
W. Fries

- 11.50 – 13.00 Round Table: Bridging medical and surgical therapy in children and adult
T. Caldaro, G. Mattioli, G. Navarra, G. Solina

13.00 – 14.00 **Light Lunch**

V SESSION: THE TRANSITION OF CARE with the AMICI Italy support

Chairmen: *A. Orlando, C. Romano*

- 14.00 – 14.30 Lecture: When and How to refer a patient to adult care
S. Martelossi
- 14.30 – 14.50 Vaccination strategies in transition program
G. Mazzola
- 14.50 – 15.10 Risk of sexual dysfunctions in patient with IBD
G. Costantino
- 15.10 – 15.30 Treatment of the pregnant IBD patient with Active Disease
S. Renna
- 15.30 – 15.50 The role of patients associations
E. Previtali
- 15.50 – 16.30 Panel Discussion: Quality improvement of Transition of care in Italy,
P. Alvisi, A. Armuzzi, W. Fries, A. Orlando, C. Romano
- 16.30 – 16.40 Conclusions
- 16.40 – 17.00 Verifica dell'apprendimento

INFORMAZIONI GENERALI

SEDE

RG Naxos Hotel

Viale Jannuzzo 47

98035 Giardini Naxos (ME)

ACCREDITAMENTO ECM

L'evento sarà accreditato dal Provider nazionale Health Meetings Group Srl (6083) per la figura professionale del Medico Chirurgo nelle discipline di Gastroenterologia, Medicina Interna Chirurgia Generale, Chirurgia Pediatrica, Pediatria, Pediatria (Pediatri Di Libera Scelta).

SEGRETERIA ORGANIZZATIVA



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